

**ASSOCIATES IN WOMEN'S HEALTH**

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**PREGNANCY HISTORY FORM**

**NAME:** \_\_\_\_\_ **DOB:** \_\_\_\_\_

**Please check the appropriate answers below.**

**PATIENT DEMOGRAPHICS:**

**1)What is your marital status?**

- Single
- Married

**2) Please provide the name of the baby's father:** \_\_\_\_\_

**3) What is your preferred pharmacy of choice:** \_\_\_\_\_

**4) Do you have any religious beliefs that would impact your healthcare? (EX: you don't accept blood or blood products.) Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, please describe.**

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**ALLERGIES:**

**1) Do you have any known food or drug allergy/sensitivity? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, please list the allergy and describe your reaction to each food or drug allergy.**

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**2) Do you have an allergy/sensitivity to latex? Yes \_\_\_\_\_ No \_\_\_\_\_ I don't know \_\_\_\_\_**

**CURRENT MEDICATIONS:**

Do you take any medications? If so, please list any prescription medications and any over the counter meds/supplements and the reason you take them including prenatal vitamins.

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**MENSTRUAL HISTORY:**

1) How many days are there between the beginning of one period to the beginning of the next? \_\_\_\_\_

2) What is the first date of your last menstrual period? \_\_\_\_\_

3) How many days did your cycle last? \_\_\_\_\_

4) Was your last menstrual period normal? Yes \_\_\_\_\_ No \_\_\_\_\_

If no, please describe: \_\_\_\_\_

**GYNECOLOGICAL HISTORY:**

1) At what age did you start your menstrual cycles: \_\_\_\_\_

2) When was your last pap smear? \_\_\_\_\_ Was it normal? \_\_\_\_\_

If you have had an abnormal pap at anytime, please explain:

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If you received treatment, please describe and give the year of treatment.

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3) Have you ever had any gynecological surgery? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please describe:

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4) Have you ever been diagnosed with a uterine or cervical defect? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please describe:

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5) Have you ever been treated for any of the following sexually transmitted diseases?

Chlamydia Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, when? \_\_\_\_\_

Gonorrhea Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, when? \_\_\_\_\_

Trichomonas Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, when? \_\_\_\_\_

Herpes Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, when? \_\_\_\_\_

Syphilis Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, when? \_\_\_\_\_

HIV Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, when? \_\_\_\_\_

## **PREGNANCY HISTORY**

- 1) What was your normal weight before you became pregnant? \_\_\_\_\_
- 2) Have you been pregnant before? \_\_\_\_\_
- 3) Including this pregnancy, how many times have you been pregnant? \_\_\_\_\_
- 4) How many of your pregnancies were full term-37 weeks or more? \_\_\_\_\_
- 5) How many of your pregnancies were pre-term-less than 37 weeks? \_\_\_\_\_
- 6) How many of your pregnancy were spontaneous abortions "miscarriages?" \_\_\_\_\_
- 7) How many of your pregnancies were induced abortions-"terminations?" \_\_\_\_\_
- 8) How many of your pregnancies were ectopic or outside of the uterus? \_\_\_\_\_
- 9) How many living children do you have? \_\_\_\_\_

In chronological order, please list your pregnancies and include the following information:

- a) Month and year of delivery or abortion/miscarriage
- b) Place of delivery
- c) Infant's sex
- d) Infant's birth weight
- e) How many weeks pregnant were you at the time of birth, miscarriage or termination
- f) Hours in labor
- g) Type of delivery ( Vaginal, C-section, Vacuum assisted, Forceps assisted)
- h) Anesthesia during labor and delivery ( e.g. Epidural, Spinal, General, Local)
- i) Pregnancy Complications (fetal growth, cervix opening too soon, diabetes, hypertension, excessive nausea/vomiting, fetal death or defect, infection in the uterus, postpartum depression, preterm labor or birth, too much or too little amniotic fluid) or any other complications you need to address.

**HISTORY SINCE LAST MENSTRUAL CYCLE:**

- 1) Have you experienced any of the following symptoms since your last period?  
a. Vaginal bleeding: Yes \_\_\_\_\_ No \_\_\_\_\_  
b. Unusual or severe pain in the abdomen: Yes \_\_\_\_\_ No \_\_\_\_\_  
c. Excessive nausea or vomiting: Yes \_\_\_\_\_ No \_\_\_\_\_  
d. Urinary complaints: Yes \_\_\_\_\_ No \_\_\_\_\_
- 2) Have you had any alcohol since your last period? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, how many and what types have you had? \_\_\_\_\_
- 3) Have you used any tobacco products since your last period? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, what type and how often have you been using? \_\_\_\_\_
- 5) Have you been exposed to any of the following since your last period?  
a. Occupational chemicals such as heavy metals or solvents: Yes \_\_\_\_\_ No \_\_\_\_\_  
b. Radiation or X-rays: Yes \_\_\_\_\_ No \_\_\_\_\_  
c. Tuberculosis (TB): Yes \_\_\_\_\_ No \_\_\_\_\_  
d. Blood products (i.e. transfusions): Yes \_\_\_\_\_ No \_\_\_\_\_
- 6) Have you taken any street drugs such as marijuana, cocaine, heroine or methamphetamine since your last period? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, please give the name of the drug(s) and how many times a day you have used it.

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**INFECTION RISK**

- 1) Do you have a cat? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, does the cat go outdoors? Y \_\_\_ or N \_\_\_
- 2) Have you ever had Chicken Pox? Yes \_\_\_\_\_ No \_\_\_\_\_
- 3) Have you even been immunized for Varicella (Chicken Pox)? Yes \_\_\_\_\_ No \_\_\_\_\_
- 4) Have you ever been treated for AIDS (HIV positive)? Yes \_\_\_\_\_ No \_\_\_\_\_
- 5) Have you ever been treated or immunized for Hepatitis? Yes \_\_\_\_\_ No \_\_\_\_\_  
If so, what type(s): \_\_\_\_\_
- 6) When was your last Tetanus or Tdap vaccination? \_\_\_\_\_
- 7) Have you been immunized for Influenza? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, when was your last injection? \_\_\_\_\_
- 8) Have you had any illnesses since your last period? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, what were they? \_\_\_\_\_

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**PERSONAL AND FAMILY HEALTH HISTORY:**

**If personal or immediate family history of the following conditions, please note who is affected and give details:**

**CARDIOVASCULAR-examples include**

Heart attack/ MI (myocardial infarction)

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Heart Disease such as blocked arteries, congestive heart failure

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Rheumatic Fever-(an inflammatory disease associated with Group A Strep infection)

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Valve Disease such as Mitral Valve Prolapse

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Chronic Hypertension/High Blood Pressure

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Diseases of the Aorta-such as an aneurysm

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Varicose Veins or Blood Clots (Thrombophlebitis)

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Pulmonary Embolism-blockage of the main artery of the lung or one of its branches

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Blood Disorders such as high number of platelets, low number of white blood cells

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Anemia or Hemoglobinopathy -any one of a group of genetic diseases caused or associated with the presence of one of several forms of abnormal hemoglobin in the blood such as Hemoglobin C deficiency, Thalassemia (a group of hereditary anemias) and sickle cell trait or sickle cell anemia.

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

**PULMONARY-EXAMPLES INCLUDE:**

Asthma

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Tuberculosis (TB)

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Chronic Obstructive Pulmonary Disease (COPD, chronic bronchitis, emphysema)

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

**ENDOCRINE-EXAMPLES INCLUDE:**

Diabetes (high blood sugar)

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Thyroid Dysfunction (over or under active thyroid gland)

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Maternal PKU (mother's inability to break down phenylalanine, an amino acid)

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Endocrinopathy (abnormal conditions of a gland such as the pituitary, pancreas, or ovary)

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

**GASTROINTESTINAL-EXAMPLES INCLUDE:**

Gastroesophageal Reflux Disease (GERD or Reflux)

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Irritable Bowel Disease

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Crohn's Disease

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

**LIVER-EXAMPLES INCLUDE:**

Hepatitis

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Cirrhosis

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

**RENAL-EXAMPLES INCLUDE:**

Cystitis (bladder infections)

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Pyelonephritis (Kidney Infection)

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Asymptomatic Bacteriuria (presence of bacteria in the urine without symptoms)

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Chronic Renal Disease such as polycystic kidney disease or kidney stones

Self  Mother  Father  Brother  Sister  Grandparent

**AUTOIMMUNE-EXAMPLES INCLUDE:**

Rheumatoid Arthritis (a type of painful joint inflammation)

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Lupus (a chronic disorder that can affect the skin, tissues or organs)

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Multiple Sclerosis (MS) (chronic disease of the central nervous system)

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Sjogren's Disease (disease of the glands that produce sweat and tears)

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

**CANCER (ANY TYPE):**

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

**NEUROLOGICAL-EXAMPLES INCLUDE:**

Cerebrovascular accident such as stroke, aneurysm

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Seizure Disorder

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Migraine Headaches

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Degenerative Disease such as ALS or Lou Gehrig's Disease, Osteoarthritis

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

**PSYCHOLOGICAL-EXAMPLES INCLUDE:**

Psychiatric Disease/Mental Illness such as Depression, Schizophrenia, or Bipolar Disorder

\_\_Self \_\_Mother \_\_Father \_\_Brother \_\_Sister \_\_Grandparent

Details: \_\_\_\_\_

Physical Abuse or Neglect

\_\_Self \_\_Mother \_\_Father \_\_Brother \_\_Sister \_\_Grandparent

Details: \_\_\_\_\_

Emotional Abuse or Neglect

\_\_Self \_\_Mother \_\_Father \_\_Brother \_\_Sister \_\_Grandparent

Details: \_\_\_\_\_

Addiction to drugs, alcohol, or nicotine

\_\_Self \_\_Mother \_\_Father \_\_Brother \_\_Sister \_\_Grandparent

Details: \_\_\_\_\_

**MAJOR ACCIDENTS OR INJURIES (NEED YOUR PERSONAL HISTORY ONLY)**

\_\_Self Details: \_\_\_\_\_

**SURGICAL (NEED AND TYPE AND APPROXIMATE DATE YOUR PERSONAL HISTORY ONLY)**

\_\_Self Details: \_\_\_\_\_

**ANESTHETIC COMPLICATIONS SUCH AS EXCESSIVE NAUSEA AND VOMITING, DIFFICULTY WAKING**

\_\_Self Details: \_\_\_\_\_

**NON-SURGICAL HOSPITALIZATION SUCH AS TREATMENT FOR CHILDBIRTH, PNEUMONIA, ETC**

\_\_Self: Details: \_\_\_\_\_

**GENETIC-EXAMPLES INCLUDE:**

Cerebral Palsy (disorder that impairs or control movement)

\_\_Self \_\_Mother \_\_Father \_\_Brother \_\_Sister \_\_Grandparent

Details: \_\_\_\_\_

Cleft Lip/Palate (lip or roof of mouth not fully formed)

\_\_Self \_\_Mother \_\_Father \_\_Brother \_\_Sister \_\_Grandparent

Details: \_\_\_\_\_

Congenital Abnormalities (birth defects) such as being born with extra fingers/toes etc.

\_\_Self \_\_Mother \_\_Father \_\_Brother \_\_Sister \_\_Grandparent

Details: \_\_\_\_\_

Cystic Fibrosis (can cause severe lung and gastrointestinal tract disease)

\_\_Self \_\_Mother \_\_Father \_\_Brother \_\_Sister \_\_Grandparent

Details: \_\_\_\_\_

Down Syndrome (abnormality associated with an extra chromosome)

\_\_Self \_\_Mother \_\_Father \_\_Brother \_\_Sister \_\_Grandparent

Details: \_\_\_\_\_

Hemophilia (blood clotting defect)

\_\_Self \_\_Mother \_\_Father \_\_Brother \_\_Sister \_\_Grandparent

Details: \_\_\_\_\_

Huntington's Chorea (progressive brain disease)

\_\_Self \_\_Mother \_\_Father \_\_Brother \_\_Sister \_\_Grandparent

Details: \_\_\_\_\_

Mental Retardation (below average learning and thinking ability and behavior)

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Muscular Dystrophy (progressive muscle weakness and loss of muscle tissue)

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Neural Tube Defect (defect where the spine does not fully form such as spina bifida)

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Sickle Cell Disease or Trait (an abnormal change in the shape of red blood cells)

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Tay-Sachs Disease (neurological disorder of the brain, found most frequently in Jewish descendants)

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Fragile X (a chromosome defect associated with the X chromosome, causing mental retardation)

Self  Mother  Father  Brother  Sister  Grandparent

Details: \_\_\_\_\_

Thalassemia A or B (type of disorder of having decreased number of Red Blood Cells (RBC's) or low hemoglobin)

Self  Mother  Father  Brother  Sister  Grandparent

**Thank you for completing this form.**